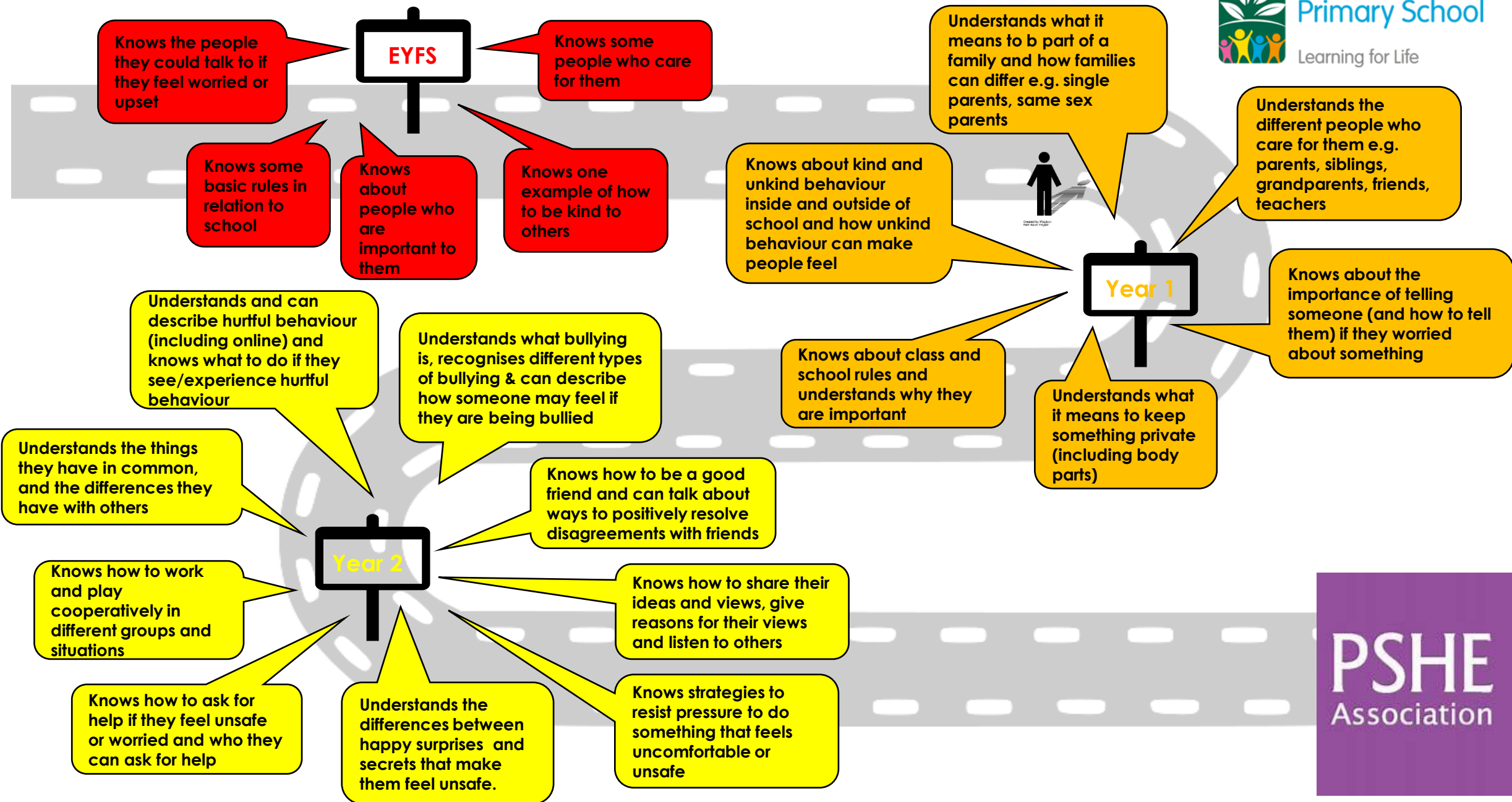


Leighfield Primary PSHE Learning Journey – Relationships



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Year 3

Understands the importance of self-respect and can talk about what it means to treat others, and be treated respectfully.

Understands what makes a family and can describe an increased range of different families e.g. adopted, blended, foster families

Knows about the effects and consequences of bullying for the people involved

Knows what to do and who they can tell if family relationships are making them feel unhappy or unsafe.

Knows about privacy and personal boundaries, including online

Understands what physical touch is acceptable, unacceptable, wanted or unwanted at different times and knows how to ask for, give or not give permission for physical contact

Understands what makes a healthy friendship and knows strategies to make people feel included

Year 5

Knows that everybody should be treated fairly

Understands about peer influence, peer approval and strategies to manage peer influence e.g. assertive communication

Understands what discrimination means and discuss different types of discrimination

Understands that no one should ask them to keep a secret that they are worried about and knows who to tell if they are concerned about unwanted physical contact

Understands that it is common for friendships to experience challenge and that friendships do change over time

Year 4

Understands the features of positive, healthy friendships such as mutual respect, trust and sharing interests

Knows when it is right to keep or break a confidence or share a secret

Knows how to communicate respectfully with others using digital devices and understands there are risks in communicating online with people they don't know

Knows the differences between people such as race, gender, faith and understands the importance of respecting people's similarities & differences

Understands the difference between 'playful dares' and dares which put someone under pressure/at risk

Knows how to report concerns/seek help if worried or uncomfortable about someone's behaviour (including online)

Knows what consent is and how to seek and give permission/not give permission in different situations

Knows what it means to be attracted to someone and understands that people who love each other can be of any gender, ethnicity or faith

Year 6

Knows how to discuss issues respectfully and listen to and respect other people's points of view

Knows how to recognise and respond to pressure from friends or others to do something that makes them feel unsafe or uncomfortable

Understands the features of a healthy and unhealthy friendship

Knows that people have the right to choose whom they marry, whether they marry and know that forced marriage is illegal

Knows about, and can discuss, the link between values and behaviours and knows how to be a positive role model