

Support and guidance for parents during school closure

During this time of concern and uncertainty for all of us, we recognise that we need to pull together as a school and as a community. Should any of our families find themselves in need of some help during this time when schools are closed, here is a list of organisations, helplines and contacts which you can refer to should you need to.

Family Support

Support for the whole family in times of need:

Action for Children <https://www.actionforchildren.org.uk>

Home Start <https://www.home-start.org.uk/>

Mental Health Support: <https://www.mind.org.uk/information-support/types-of-mental-health-problems/mental-health-problems-introduction/support-services/> and <https://resilientrutland.co.uk/getting-help>

Rutland Food Bank

Rear of 40 Melton Road
Oakham
LE15 6AY

Phone: 07582 783363

Email: info@rutland.foodbank.org.uk

<https://rutland.foodbank.org.uk/get-help/>

Domestic Violence

Women – 08082000247 24 hour helpline (National Domestic Violence Helpline)

Men – 08088010327 Monday to Friday (9-5) or 01823334244 (Mankind)

Addiction support

Support for drug abuse – 0300 123 6600 (FRANK)

Support for alcohol abuse – 01224 595981

Support for gambling – www.gamcare.org.uk tel 0808 8020 133

Child abuse/ neglect

If you're worried about a child you can call 0808 800 500 or email help@nspcc.org.uk

Rutland Social Care: During normal office hours you can contact our Children's Duty Team by calling: 01572 758 407 or emailing: childrensreferrals@rutland.gov.uk

Rutland County Council Early Help have a number of offers to support children, young people and their families. <https://www.rutland.gov.uk/my-services/health-and-family/early-help/early-help-assessments/>

School Contacts

If you need to contact a member of school staff urgently (during usual school hours) and cannot do so through the usual channels of e-mail and/or Microsoft Teams, please contact:

Mrs Eaton: 07710978863

Mrs Donnaloia: 07957434284