



## Guardian Angel (Family Activity)

- Each person in the family is going to act as a Guardian Angel for one other person in the family.
- Names are drawn out of a hat. The aim is for each family member to be able to guess at the end of the week who they think their Guardian Angel has been.
- Talk about what sort of acts you could all do to show that they are looking out for someone else.
- On Friday you try to guess who your Guardian Angel was and thank them by making a paper angel.
- This promotes empathy and pro-social skills.

